

# ALBANY POWER 2009 SUMMER U-18 DEVELOPMENT PROGRAM



## MANDATORY MINI-CAMP AND TRYOUT

- ▶ MONDAY, JUNE 8, 2009 & WEDNESDAY, JUNE 10, 2009
- ▶ AT RPI, HARKNESS FIELD
- ▶ 7:15-9:30 PM (REGISTRATION AT 6:30 PM)
- ▶ MINI-CAMP/TRYOUT FEE: \$40 PAYABLE TO ALBANY POWER LC

## SUMMER DEVELOPMENT PROGRAM

### **(BY INVITATION ONLY)**

- ▶ JUNE 17-AUGUST 5, 2009
- ▶ 1:9 TYPICAL COACHING RATIO
- ▶ TUESDAY & THURSDAY NIGHT PRACTICES AT RPI
- ▶ PARTICIPATION IN THREE WEEKEND TOURNAMENTS
- ▶ EQUIPMENT PACKAGE FOR NEW PLAYERS (HELMET, SHORTS, REVERSIBLE JERSEY)
- ▶ RETURNING PLAYER FEE: \$800\*
- ▶ NEW PLAYER FEE: \$980\* (INCLUDES EQUIPMENT PACKAGE)
- ▶ NEW PLAYER REFERRAL AND FAMILY DISCOUNTS AVAILABLE (SEE FAQ'S ON WEB SITE FOR REGISTRATION INSTRUCTIONS)

\*FEE DOES NOT INCLUDE THE COST OF US LACROSSE MEMBERSHIP

## PROGRAM OVERVIEW

The Albany Power Summer Development Program is for the serious lacrosse player who is interested in developing both individual and team skills under the supervision of a highly qualified coaching staff. In addition to two highly structured weeknight practices, each participant will participate in 3-5 weekend tournaments. Participation in the development program is by invitation only after the mandatory mini-camp and tryout. For purposes of competition, players will be assigned to U-18 teams based on their skill level and playing experience. Each team will consist of approximately 22 players with two coaches per team and additional coaching from other members of the Albany Power Staff

## PROGRAM LOCATION

The Albany Power Summer Development Program will again be based at RPI in Troy, New York. RPI's facilities include two artificial turf fields as well as grass fields. Directions to RPI are available on the Albany Power web site.

## ON-LINE REGISTRATION

To register, or to find out more about the program including a complete calendar of events go to:

[www.albanypowerlacrosse.com](http://www.albanypowerlacrosse.com)

## PROGRAM DIRECTORS

**Mike Vorgang:** *Head Coach Niskayuna High school; 8 time Sectional Champion; Produced 19 All Americans in 15 years; 12 Consecutive Division Championships; 11 Time Section II Coach of the Year*

**Chris DeLano:** *Current Assistant Coach, Niskayuna High school, 2005 & 2008 Assistant Coach of Year; Former Assistant, Siena College Div. I; Former Assistant, Plattsburgh State Div. III; Former All-UCAA Midfielder, Union College*

**George Leveille:** *Vol. Assistant Coach, RPI; former head coach, Adirondack Boys Empire Team, 2003-2004; former Assistant Coach, Albany Academy; Founding director, Albany Capitals Lacrosse Club; Hall of Fame Member, Adirondack Chapter of US Lacrosse*

**The Albany Power coaching staff includes coaches from top area high school (Shaker, Bethlehem, Guilderland, Niskayuna and others) and college programs (RPI) as well as current collegiate and club players from the Capital Region.**

## TENTATIVE TOURNAMENT SCHEDULE

- June 20-21: Lake Erie Shootout, Buffalo, NY
- June 27-28: Irondequoit Tournament, Rochester, NY
- July 10-11: Syracuse Shootout, Syracuse, NY
- July 12: UMass Mid-Summer Classic, Amherst, MA
- July 18-19: Albany Power Shootout at RPI, Troy, NY
- August 2-5: Lake Placid Summit, Lake Placid, NY

## DEVELOPMENT PROGRAM QUICK FACTS

- ▶ US Lacrosse membership required for all activities
- ▶ Participants must be born in 1991 or later
- ▶ Two weeknight practices and 3-5 weekend tournaments
- ▶ Register online at [www.AlbanyPowerLacrosse.com](http://www.AlbanyPowerLacrosse.com)
- ▶ E-mail directors at [albanypowerlacrosse@yahoo.com](mailto:albanypowerlacrosse@yahoo.com)

## US LACROSSE MEMBERSHIP INFORMATION

To confirm your membership status or to register on-line, go to [www.uslacrosse.org](http://www.uslacrosse.org) the official web site of US Lacrosse