

# ALBANY POWER

## 2011 SUMMER U-13 & U-15 DEVELOPMENT PROGRAM

Summer Program Mini-camp/Try-out

\$40

May 15<sup>th</sup>, May 22<sup>nd</sup> and May 29<sup>th</sup>

3:15-5:15 PM

(please arrive 30 mins early on first day to check-in)

\* It is recommended, but not required, that players attend all dates

### PROGRAM OVERVIEW

The Albany Power Summer Development Program is for the serious lacrosse player who is interested in developing both individual and team skills under the supervision of a highly qualified coaching staff. In addition to two highly structured weekly practices, each participant will participate in 3-5 weekend tournaments. Participation in the development program is by invitation only after the mandatory mini-camp and tryout. For purposes of competition, players will be assigned to U-13 & U-15 teams based on their skill level and playing experience. Each team will consist of approximately 23 players with two coaches per team and additional coaching from other members of the Albany Power Staff

### PROGRAM COST

The cost for the summer 2011 program is \$850 for a returning player, \$995 for a new player (includes a helmet, shorts, and pinney)

### PROGRAM LOCATION

#### RPI – East Campus Athletic Fields

- Three turf fields and two grass, the best facilities in the area

80 Peck Dr

Troy, NY 12180

(next to the RPI Hockey Rink)



### ON-LINE REGISTRATION

To register, or to find out more about the program including a complete calendar of events and to complete a waiver go to:

### PROGRAM DIRECTORS

**Mike Vorgang:** *Head Coach Niskayuna High school; 10 time Sectional Champion; Produced 21 All Americans in 16 years; 14 Consecutive Division Championships; 13 Time Section II Coach of the Year; member of the US Lacrosse ADK Chapter Hall of Fame*

**Chris DeLano:** *Current Assistant Coach, Niskayuna High school, 2005 & 2008 Assistant Coach of Year; Former Assistant, Siena College Div. I; Former Assistant, Plattsburgh State Div. III; Former All-UCAA Midfielder, Union College*

[www.albanypowerlacrosse.com](http://www.albanypowerlacrosse.com)

The Albany Power coaching staff will include some of the areas best boys lacrosse coaches, including:

- Chuch Holohan – Head coach Shenendehowa
- Joe Pollocino – Head coach Ballston Spa High School
- Dave Rounds – Head Coach Bethlehem High School
- Shawn Hennessey – Head Coach Shaker High School
- Dave Trahan – Head Coach Schenectady
- Jim Townsend – Head Coach RPI

The Albany Power coaching staff will also include some of the area's best college and high school assistant coaches and current college players.

♦ For questions please visit website or e-mail the director at:

[fadamo@albanypowerlacrosse.com](mailto:fadamo@albanypowerlacrosse.com)

## Quick Facts and FAQ's:

- **What is the mini-camp/try-out for?**
  - It is an opportunity for the boys to decide whether or not they like the program. If they decide not to participate, we will refund the deposit. The Mini-camp fee is non-refundable
  - It is an opportunity for the coaches to evaluate the players to determine whether or not the program is appropriate for them.
- **U-13s will attend three tournaments:** *Visit the summer tournaments page of our website for more info*
  - Lake Erie Showcase, Buffalo NY June 18<sup>th</sup>-19<sup>th</sup>
  - Summer Slam, Philadelphia PA June 25<sup>th</sup>-26<sup>th</sup>
  - NEYLAT, Amherst MA July 9<sup>th</sup> – 10<sup>th</sup>

**\*If enough boys are interested we will also attend the RPI Shoot-out on July 16<sup>th</sup>-17<sup>th</sup> for an additional fee of \$60 per player**

- **U-15s will attend three tournaments:** *Visit the summer tournaments page of our website for more info*
  - Lake Erie Showcase, Buffalo NY June 18<sup>th</sup>- 19<sup>th</sup>
  - Summer Slam, Philadelphia PA June 25<sup>th</sup>- 26<sup>th</sup>
  - NEYLAT, Amherst MA July 9<sup>th</sup>- 10<sup>th</sup>

**\*If enough boys are interested we will also attend the RPI Shoot-out on July 16<sup>th</sup>-17<sup>th</sup> for an additional fee of \$60 per player.**

**\*If enough boys are interested we can also attend the Lake Placid Shoot-out Tournament on August 1<sup>st</sup> -3<sup>rd</sup> for an additional fee of \$75 per player.**

- **U-15's and U-13's will practice from 5:30-7:15pm. See online calendar for dates.**
- **Program Cost:**
  - for returning summer U-15's and U-13's **\$850**  
Includes practices and 3 tournaments.
  - for new summer U-15's and U-13's **\$995**  
Includes practices and 3 tournaments. A Pro7 or CPY Helmet, Jersey and Game shorts.
- **Payment schedule: 40% of total due before mini-camp (deposit), 30% due on June 15<sup>th</sup>, 30% (balance) due July 14<sup>th</sup>.**
- **Power boys program is part of the Albany Power Lacrosse Club, so all sibling discounts apply. If a boy has a brother or sister that participates in the Albany Power summer programs he will receive a 20% discount. A third child receives a 30% discount.**
- **More information and the summer program calendar can be found on our website:**

[www.albanypowerlacrosse.com](http://www.albanypowerlacrosse.com)