

2009 IRONDEQUOIT LACROSSE TOURNAMENT
JUNE 27-28 2009
IRONDEQUOIT HIGH SCHOOL
U12, U14 & U17 BOY'S RULES

The 2009 Irondequoit Invitational for the U12 U14 and U17 divisions will use NCAA Lacrosse Rules with the following exceptions:

Participation: Younger players may participate at the coaches' discretion

Contact: No deliberate body contact may be initiated, either offensively or defensively. Rule: (Play the Ball) Stick on Stick (Poke Check) is allowed. No slashing or wrap checks. 2 handed stick checks only for U12. One handed stick checks will be allowed for U14 and U17. Incidental body contact is to be expected (i.e. ground balls & side lines).

Stick Rule: Four (4) long sticks will be allowed per team on the field at one time, length 52" – 72". Stick length 40" -42" for short sticks.

Penalties: **Technical Foul:** thirty (30) seconds
Personal Foul: one (1) minute
Flagrant Foul or Unsportsmanlike: two (2) minutes
Penalty starts when play resumes. The timekeeper on the sidelines will release the player from the penalty box. Penalties occurring in the first half of play will carry over into the second half.

Time: No ten (10) second rule. Two (2) twenty two (22) minute halves, running time. Clock will stop in the last two minutes of the game unless there is a five (5) goal differential. The team with the lead must advance the ball into its offensive end.

Time Outs: Each team will have one clock stopping time out per game.

Tie Games: Game ties will be broken by a five (5) minute "sudden victory" overtime period.

Goal Rule: Each team has thirty (30) seconds to line up for a face-off after a goal or the Referee has the ability to award possession to the other team.

Point System: The Invitational will use the following point system: **Three** (3) points for a win; **One** (1) point for an overtime loss; and **Zero** (0) points for a loss. The tie breaking procedure to determine playoffs will be as follows: 1. Head to head, 2. Goal differential (max. (7) per game), 3. Fewest goals allowed.

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